

CERTIFICATE OF PARTICIPATION

This is to certify that

Sylvia Nel

Has successfully participated & completed the

12km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:22:03

PACE 06:49/km

OVERALL 86 of 124

GENDER 45 of 77

50 - 59 7 of 16

28 August 2016, Sun

Date



BoutTime

Signature

